

Tibet Tech, LLC  
1385 Raden Pl.  
Freeland, WA 98249 USA  
Email: cpettis@tibettech.com  
www.tibettech.com



1-DVD Solar-Powered Tibet Tech Prayer Wheel (Medicine Buddha version)

# Tibet Tech<sup>®</sup> Prayer Wheels

*The Most Powerful, Useful, and Innovative  
Tibetan Prayer Wheels in the World*

## 1-DVD Solar-Powered Prayer Wheel Instruction Manual

## Introduction

Congratulations on your purchase of a solar-powered Tibet Tech® Prayer Wheel. Over five years of research and development went into the design of your Tibet Tech prayer wheel to ensure its reliable operation and spiritual blessings.

Your Tibet Tech prayer wheel is a powerful spiritual anecdote to war, suffering, and negativity. As the prayer wheels rotate clockwise, Tibetan Buddhists believe that they radiate peace, kindness, and relief from suffering for all beings.

The new “modern” Tibet Tech prayer wheels are the first to use DVD optical disk prayer storage technology. The largest prayer wheel in Old Tibet contained 100,000,000 prayers printed on paper with hand-carved wood blocks. Tibet Tech Tibetan prayer wheels, created by Sakya Monastery of Tibetan Buddhism ([www.sakya.org](http://www.sakya.org)) in Seattle, Washington USA and Tibet Tech LLC, dwarf that.

There are seven 1-DVD solar-powered prayer wheels:

- Medicine Buddha – Clears away sickness and suffering. 16,830,000,000 billion prayers on one DVD. *Tayata Om Bekanzé Bekanzé Mahabekanzé Radze Samud Gate Soha.*
- Tara – Quickly liberates us from fears, dangers, and suffering. 12,650,000,000 prayers on one DVD. *Om Tara Tuttare Ture Soha.*
- Amitayus – A prayer for longevity and long-life. 13,400,000,000 prayers on one DVD. *Om Amarana Tsibin Tiye Soha.*
- Padmasambhava – Blesses us, protects us, removes obstacles, and grants us divine powers and realizations. 9,800,000,000 prayers on one DVD. *Om Ah Hum Bendza Guru Padma Siddhi Hum.*
- Chenrezi – The most popular Tibetan Buddhist prayer. Radiates love, kindness, and compassion. 14,400,000,000 prayers on one DVD. *Om Mani Padme Hum.*
- Manjushri - Produces the light of wisdom, dispels the darkness of ignorance, and removes defilements. 40,000,000,000 Manjushri Prayers on One DVD. *Om Ah Ra Pa Tsa Na Dhi*
- Vajrakilaya - Available only to those who have received the Vajrakilaya empowerment.

Buddhist texts teach that mindfully turning a prayer wheel produces the same merit and benefits as having recited the number of prayers (mantras) inside the prayer wheel multiplied by how many times the prayer wheel rotates clockwise. For example, if you recited one prayer per second, it would take over 45 years to say 14.4 billion prayers!

His Holiness Jigdal Dagchen Sakya Dorje Chang, one of the revered Tibetan Buddhist leaders, oversaw the design and construction of Tibet Tech prayer wheels. Sakya leaders hold a position third only to His Holiness the Dalai Lama in rank. All the DVDs used in Tibet Tech prayer wheels have been blessed and consecrated by a Sakya leader: H.H. Jigdal Dagchen Sakya, H.E. Avikrita Sakya, H.E. Asanga Sakya, or H.E. Dagmo Kusho Sakya. H.H. Jigdal Dagchen Sakya Dorje Chang has said that “as long as the Universe exists, the consecrated prayers will remain potent.” Each DVD displays the Sakya Monastery seal.

Note: The DVDs are not designed to be played with a CD/DVD player or computer. The power of the prayer wheel comes from one's spiritual intention and the blessed and consecrated DVD.

## Prayer Wheel Benefits, Based on Tibetan Buddhist Teachings

- Blesses and purifies your body, speech and mind.
- Transforms your home and property into a very peaceful “Heaven on Earth.”
- One of the easiest ways to purify past negative karma and nonvirtuous actions.
- Accumulates extensive merit for oneself and family.
- Protects from spirits, ghosts, and negative beings.
- Focuses the mind to help remove “dis-ease” and speed healing.
- Acts as an antidote to war and fear in the world by radiating peace, kindness, and relief from suffering.
- The immeasurable benefits of the Prayer Wheel are best summed up in the words of Shakyamuni Buddha who said, “Turning the prayer wheel is better than listening, reflecting, and meditating for eons.”

## How to Assemble and Operate the 1-DVD Solar-powered Tibet Tech Prayer Wheel



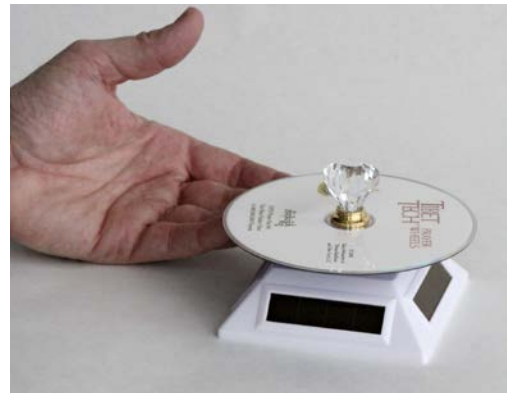
1. Unpack the solar-powered turntable.



2. Carefully place the clear plastic turntable platter onto the center spindle.



3. Center the DVD with crystal finial on top of the turntable. Locate the solar-powered turntable in a place where it will get sunlight or strong interior lighting.



4. When the turntable starts to rotate, observe the direction it is rotating. According to Buddhist tradition, prayer wheels should rotate clockwise. **If the turntable is rotating counter-clockwise, hold the plastic turntable platter gently for two seconds and then release. The turntable will then change direction and rotate clockwise.**

### Recitations, visualizations and contemplations to do while the prayer wheel rotates:

- Pray: "May all beings be happy. May all beings be free from suffering?"
- Focus your thoughts on loving-kindness, equanimity, and the benefit of others, not oneself.
- Recite the mantra on the DVD, e.g., *Om Mani Padme Hum* (pronounced Hung). This six-syllable mantra of loving kindness and compassion strengthens our mind, brings optimal intention to the spiritual practice, and increases the benefits to all sentient beings. Ven. Tulku Yeshe, a teacher at Sakya Monastery of Tibetan Buddhism, explains the meaning, importance, and benefits of each of these prayers (Tara, Amitayus, Padmasambhava, and Chenrezi) in this YouTube video: <http://youtu.be/sWRyANePDto>. He also recites each of the prayers so you can hear them properly pronounced.
- Visualize beams of light, bright like the sun, radiating out from the prayer wheel in all directions, illuminating you and purifying your negative thoughts, destroying your negative karma and diseases. Then, visualize the beams of light bringing happiness to all beings and relieving them of their sufferings. All the negativity is absorbed into the prayer wheel and destroyed.

The power of the prayers is released and enhanced by your own mindful intention and your prayers for the happiness and relief of suffering of all beings.

**NOTE:** Mindfulness about the direction of rotation is important. Check on the prayer wheel regularly, especially in the morning, to make sure it is rotating clockwise. If it is rotating counter-clockwise, hold the plastic turntable gently for two seconds and then release. The turntable will then change direction and rotate clockwise.

## Tibet Tech Products

1. **A Hand-Held Tibet Tech Prayer Wheel**. The hand-held Tibet Tech prayer wheel includes: a hard maple handle with walnut stain; a stack of 8-DVDs that contain 84,348,750,000 prayers; and a brass arm with a clear crystal weight.
2. **A Clear Plastic Hand-Held Prayer Wheel Holder** designed specifically to support the Tibet-Tech hand-held prayer wheel in a vertical position.
3. **A Mahogany Hand-Held Prayer Wheel Holder** designed specifically to support the Tibet-Tech hand-held prayer wheel in a vertical position.
4. **An Electric Table-Top Tibet Tech Prayer Wheel** for continuous and automatic operation. The electric table-top Tibet Tech prayer wheel includes: an AC/DC switching adapter, a drive unit with on-off switch; and a stack of 8-DVDs that contain 84,348,750,000 prayers and a Medicine Buddha DVD with 16,003,200,000 Medicine Buddha prayers.
5. **1-DVD Solar-Powered Tibet Tech Prayer Wheels** that include: a solar-powered turntable and one DVD with prayers with a crystal finial on top. 1-DVD prayers: Chenrezi, Tara, Padmasambhava, Medicine Buddha, Manjushri, Amitayus, and Vajrakilaya.
6. **8-DVD Solar- and Battery-Powered Tibet Tech Prayer Wheel** that includes: a solar- and battery-powered turntable and a stack of 8-DVDs with a crystal finial on top.
7. **Traditional Table-top and Rack-mounted Prayer Wheels**, each with 1.3 trillion prayers on 128 DVDs.

For more information, visit [www.tibettech.com](http://www.tibettech.com). You can view videos that explain the benefits of Tibet Tech prayer wheels, as well as demonstrations of Tibet Tech prayer wheels at: <https://www.youtube.com/user/TibetTech/videos>

Order Tibet Tech prayer wheels at [www.tibettech.com](http://www.tibettech.com) or on Amazon.com (search for Tibet Tech Prayer Wheels)

Tibet Tech prayer wheels are designed and created in association with Sakya Monastery of Tibetan Buddhism ([www.sakya.org](http://www.sakya.org)).