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Hand-held Tibet Tech Prayer Wheel

# Tibet Tech<sup>®</sup> Hand-Held Prayer Wheels

*The Most Powerful, Useful, and Innovative  
Tibetan Prayer Wheels in the World*

## Instruction Manual

September 25, 2017

## Introduction

Congratulations on your purchase of a Tibet Tech® Prayer Wheel. Over five years of research and development went into the design of your Tibet Tech prayer wheel to ensure its reliable operation and spiritual blessings.

### Prayer Wheels: An Antidote to Fear & Negativity

Your Tibet Tech prayer wheel is a powerful spiritual antidote to war, suffering, and negativity.

The new “modern” Tibet Tech prayer wheels are the first to use DVD optical disk prayer storage technology. The largest prayer wheel in Old Tibet contained 100,000,000 prayers printed on paper with hand-carved wood blocks. Tibet Tech prayer wheels, created by Sakya Monastery of Tibetan Buddhism ([www.sakya.org](http://www.sakya.org)) in Seattle, Washington USA and Tibet Tech LLC, dwarf that, containing 84,348,750,000 prayers in the form of Sanskrit mantras. As the prayer wheels are spun clockwise, Tibetan Buddhists believe that they radiate peace, kindness, and relief from suffering for all beings.

Buddhist texts teach that mindfully turning a prayer wheel produces the same merit and benefits as having recited the number of prayers (mantras) inside the prayer wheel multiplied by how many times the prayer wheel spins around. Each revolution of a Tibet Tech prayer wheel releases over 84 billion prayers. Doing the math, if you recited one prayer per second, it would take approximately 267 years to say 84 billion prayers!

His Holiness Jigdal Dagchen Sakya Dorje Chang, one of the revered Tibetan Buddhist leaders, oversaw the design and construction of Tibet Tech prayer wheels. Sakya leaders hold a position third only to His Holiness the Dalai Lama in rank. All the DVDs used in Tibet Tech prayer wheels have been blessed and consecrated by a Sakya leader: H.H. Jigdal Dagchen Sakya, H.E. Avikrita Sakya, H.E. Asanga Sakya, or H.E. Dagmo Kusho Sakya. H.H. Jigdal Dagchen Sakya Dorje Chang has said that “as long as the Universe exists, the consecrated prayers will remain potent.” Each DVD displays the Sakya Monastery seal.

### Tibet Tech Products

1. **A Hand-Held Tibet Tech Prayer Wheel**. The hand-held Tibet Tech prayer wheel includes: a hard maple handle with walnut stain; a stack of 8-DVDs that contain 84,348,750,000 prayers; and a brass arm with a clear crystal weight.
2. **A Clear Plastic Hand-Held Prayer Wheel Holder** designed specifically to support the Tibet-Tech hand-held prayer wheel in a vertical position.
3. **A Mahogany Hand-Held Prayer Wheel Holder** designed specifically to support the Tibet-Tech hand-held prayer wheel in a vertical position.
4. **An Electric Table-Top Tibet Tech Prayer Wheel** for continuous and automatic operation. The electric table-top Tibet Tech prayer wheel includes: an AC/DC switching adapter, a drive unit with on-off switch; and a stack of 8-DVDs that contain 84,348,750,000 prayers and a Medicine Buddha DVD with 16,003,200,000 Medicine Buddha prayers.
5. **1-DVD Solar-Powered Tibet Tech Prayer Wheels** that include: a solar-powered turntable and one DVD with prayers with a crystal finial on top. 1-DVD prayers: Chenrezi, Tara, Padmasambhava, Medicine Buddha, Manjushri, Amitayus, and Vajrakilaya.
6. **8-DVD Solar- and Battery-Powered Tibet Tech Prayer Wheel** that includes: a solar- and battery-powered turntable and a stack of 8-DVDs with a crystal finial on top.
7. **Traditional Table-top and Rack-mounted Prayer Wheels**, each with 1.3 trillion prayers on 128 DVDs.

### Prayer Wheel Benefits, Based on Tibetan Buddhist Teachings

- Blesses and purifies your body, speech and mind.
- Transforms your home and property into a very peaceful “Heaven on Earth.”
- One of the easiest ways to purify past negative karma and nonvirtuous actions.
- Helps you realize your true self and understand the true nature of reality.
- Prevents beings (e.g., other people and animals) in the area from rebirth in the lower realms.
- Accumulates extensive merit for oneself and family.
- Protects from spirits, ghosts, and negative beings.
- Focuses the mind to help remove “dis-ease” and speed healing.
- Acts as an antidote to war and fear in the world by radiating peace, kindness, and relief from suffering.
- Whomever turns the Prayer Wheel will not be reborn crippled, blind, deaf, mute, or as a pauper.

- The immeasurable benefits of the Prayer Wheel are best summed up in the words of Shakyamuni Buddha who said, “Turning the prayer wheel is better than listening, reflecting, and meditating for eons.”

## Tibet Tech Prayer Wheels with 8 Prayers on 8 DVDs



### 8-DVD Prayer Stack Description

On the top of the 8-DVD stack is a red circular paper cover (topper) with a mandala of the *Om Mani Padme Hum* mantra in the center. The mandala was painted by Lama Migmar, a monk who is Sakya Monastery of Tibetan Buddhism’s resident artist. On the other side of the topper (not accessible) is the Sky Wheel Mandala in color.

Each Tibet Tech prayer wheel includes [8 DVDs with eight magical and powerful prayers](#) (Sanskrit mantras). The prayers are stacked from the bottom up, starting with the A-li mantra; then the Ka-li mantra, and so on up to the eighth mantra, the 100-syllable Vajrasattva mantra.

Prayer (Mantra)	Benefits	Prayers per DVD
1.- A-li	The foundation of all mantras.	21,750,000,000
2- Ka-li	Purifies speech.	7,000,000,000
3- <i>Om Tara Tuttare Ture Soha</i>	Immediate relief from suffering.	12,650,000,000
4- <i>Om Mani Padme Hum</i>	Relieves suffering of all beings	14,400,000,000
5- <i>Om Amarana Tsibin Tiye Soha</i>	Long life.	13,400,000,000
6- <i>Om Ah Hum Bendza Guru Padma Siddhi Hum</i>	Grants divine powers and realizations.	9,800,000,000
7- Ye-dhr-ma	Consecration and stabilization.	5,250,000,000
8- Vajrasattva	Purification	98,750,000
<b>Totals</b>		<b>84,348,750,000</b>

On the bottom of the 8-DVD stack is another circular paper cover. Facing up is the Earth Wheel Mandala in color (not accessible). The outlines of the Earth and Sky Wheel Mandalas were drawn by Lama Zopa Rinpoche<sup>1</sup>, following the instructions of the Fourth Panchen Lama. Facing down is information on the prayers in the 8-DVD stack and contact information for Tibet Tech LLC. The stack of covers and DVDs is glued together to ensure that all components of the 8-DVD stack are kept in correct order. Around the circumference of the 8-DVD stack is the *Om Mani Padme Hum* mantra in traditional Tibetan script.



Sky Wheel Mandala



Earth Wheel Mandala

<sup>1</sup> [Wheel of Great Compassion: The Practice of the Prayer Wheel in Tibetan Buddhism](#) by Lorne Ladner.

## How to Assemble the Tibet Tech 8-DVD Prayer Wheel



1. Unpack the brass post, 8-DVD stack and crystal finial top.



2. Insert the brass post into the hole at the bottom of the 8-DVD stack.



3. The top of the brass post is visible in the center of the 8-DVD stack. Crystal finial top is to the right.



4. Screw the crystal finial top into the top of the brass post in the center of the 8-DVD stack.



5. Snugly tighten the crystal finial top (not too tight or you might bend the DVDs!).



6. To assemble the hand-held prayer wheel, get out the handle, crystal with swivel & snap and brass arm.



7. Insert the brass arm through the hole in the brass post (underneath the stack of DVDs) until it is stopped by the ring at one end of the brass arm.



8. Attach the crystal weight to the hole in the brass arm by opening the clasp with your fingernail. Close the clasp when it is attached to the brass arm.

## The Hand-held Tibet Tech Prayer Wheel



Hand-held Tibet Tech Prayer Wheel Parts



Assembled Hand-held Tibet Tech Prayer Wheel

### Assembling the Hand-held Tibet Tech Prayer Wheel

The hand-held Tibet Tech prayer wheel includes the following parts:

1. A maple handle with walnut stain with a metal pin on top to hold the stack of 8 DVDs.
2. A stack of 8-DVDs with a crystal finial on top and a brass post on the bottom.
3. A brass arm with a hole at one end and a small circular ring at the other end.
4. A clear crystal weight with a swivel and clasp (safety snap) that attaches to the brass arm.

### Instructions

- Carefully unpack the wood handle, the 8-DVD stack, the brass arm and the crystal with the swivel and clasp.
- Insert the brass arm through the hole in the brass post (underneath the stack of DVDs) until it is stopped by the ring located at one end of the brass arm.
- Attached to the clear crystal weight is a swivel and clasp. Attach the crystal weight to the hole in the brass arm by opening the clasp with your fingernail. Close the clasp when it is attached to the brass arm.
- Slip the 8-DVD stack with the brass arm and crystal weight onto the pin at the top of the maple handle.
- Start spinning the prayer wheel clockwise!
  - **Important note: The prayer wheel will spin smoothly and easily if you put a little olive oil or vegetable oil on the pin at the top of the maple handle for lubrication. Otherwise it may be difficult to get the DVDs to spin smoothly and easily.**
  - It is easiest to start spinning if you tip the prayer wheel forward about 45 degrees and then move your hand to start it rotating in a clockwise direction. Once you get it spinning, move the handle into a vertical position.
- Spin the prayer wheel mindfully with the intention and prayer: "May all beings be happy. May all beings be free from suffering."

### Hand-held Prayer Wheel Holders



It is traditional for a Tibetan prayer wheel to be stored straight up so that the prayer wheel is not touching the ground. To the left are photos of a Tibet Tech prayer wheel in the Tibet Tech clear plastic hand-held prayer wheel holder and with the African Mahogany hand-held prayer wheel holder.

**These prayer wheel holders are available for purchase through [Tibettech.com](http://Tibettech.com) or [Amazon.com](http://Amazon.com) (search for "Tibet Tech Prayer Wheels").**

For more information, visit [www.tibettech.com](http://www.tibettech.com).

You can view videos that explain the benefits of Tibet Tech prayer wheels, as well as demonstrations of Tibet Tech prayer wheels at: <https://www.youtube.com/user/TibetTech/videos>

Order Tibet Tech prayer wheels at [www.tibettech.com](http://www.tibettech.com) or on Amazon.com (search for Tibet Tech Prayer Wheels)



Tibet Tech prayer wheels are designed and created in association with Sakya Monastery of Tibetan Buddhism ([www.sakya.org](http://www.sakya.org)).